

The Coaches C.O.D.E. Framework

PILLAR

01

C – Coach with Purpose

Coaching Philosophy: Develop a clear and consistent coaching philosophy that aligns with your values and goals.

Cultivating Relationships: Foster strong, positive relationships with players, assistant coaches, and parents.

Commitment to Growth: Commit to both personal and professional growth, embracing continuous learning and development.

PILLAR

02

O – Optimize Team Dynamics

Organization and Structure: Implement effective organizational structures and clear roles within your team to ensure smooth operation.

Openness and Communication: Promote open communication channels among all team members to build trust and understanding.

Opportunity Creation: Create opportunities for players and staff to develop their skills and showcase their talents.

PILLAR

03

D – Drive Success Through Well-being

Defining Success: Establish a well-rounded definition of success that includes well-being, development, and performance.

Dedication to Well-being: Prioritize the mental, emotional, and physical well-being of both coaches and players.

Dynamic Adaptability: Stay adaptable and responsive to the changing needs of your team and the challenges they face.

PILLAR

04

E – Empower through Modeling

Exemplify Values: Lead by example, demonstrating the values and behaviors you wish to see in your team.

Ethical Leadership: Uphold high ethical standards, ensuring your actions consistently reflect integrity and fairness.

Encourage Responsibility: Model accountability and responsibility, encouraging your team to take ownership of their actions and decisions.

Engage in Self-Care: Show the importance of self-care by prioritizing your own well-being and demonstrating balanced leadership.

Amazon Author Page

